# **YOUNG'S STYLE ANAL DILATORS**

Catalog No. YSD-06

### **DESCRIPTION:**

These dilators are modeled after the original Young's Rectal Dilators. This set comprises six graduated selfretaining plastic dilators. The number of each dilator is marked inside the HANDLE. The TIP DIAMETER dimensions are nominal.



### INDICATIONS:

YOUNG'S STYLE ANAL DILATORS are intended for the treatment of anal stenosis, anal fissure, and puborectalis syndrome.

### CONTRAINDICATIONS:

Not recommended for individuals with any degree of fecal incontinence.

### INSTRUCTIONS FOR USE:

Most patients prefer lying on their left side, but any position is satisfactory. Start with the smallest dilator. Lubricate the dilator and the anal canal with a water-soluble lubricant, and insert the TIP of the dilator into the rectum. Do not insert beyond the FLANGE. Hold the dilator in place for the time prescribed by your doctor. Remove the dilator and repeat with the next larger size. Continue until you have inserted the largest size recommended by your doctor, or until you feel that you cannot insert a larger size. Wash and dry the dilators for the next session. Use the dilators as frequently and for as long as your doctor recommendes.

#### WARNING:

If you feel resistance as you insert the dilator, stop and reposition. Avoid using excessive force.

Rx only Non-sterile Not made with natural rubber latex



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